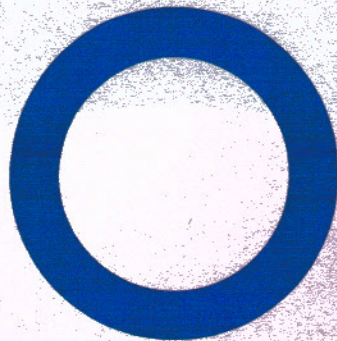




**THE QUEEN'S MEDICAL CENTER
WEST O'AHU**



world diabetes day

Please Join us for our Diabetes Awareness Event

Wednesday, November 18, 2015

QMC-West O'ahu, Great Lawn Cement Area

10 a.m. - 1 p.m.

**Diabetes
Education!**

**Almost 600 million of us may be
living with type 2 diabetes by 2035.**

Healthy lifestyles could prevent up to
70% of type 2 diabetes, healthy eating can
help reduce your risk.

**Prize
Giveaways!**

**Novo
Nordisk
Inc.
Booth**

Find out how to make healthy eating
a right, not a privilege.
Act today to change tomorrow.

**Fresh
Market!**

- Fresh fruits & vegetables
- healthy lunch options

**Cooking
Demos
featuring
Chef Adam
of Plantation
Tavern**